



Prostate Cancer  
Foundation of Australia



# Support when you need it most

If you have been impacted by prostate cancer, join a Prostate Cancer Support Group today for connection and support.



Connecting with others who have been through a similar experience can be invaluable and help you cope with a diagnosis. PCFA has 120 Support Groups including groups for those in the LGBTIQ+ Community, younger men or people who are culturally or linguistically diverse.

Find more information or a support group near you at: [prostate.org.au/support-groups](http://prostate.org.au/support-groups)

## ✓ The benefits

- Find a sense of belonging and community with others who understand
- Share experiences of diagnosis, treatments and managing side effects
- Learn evidence-based information in an easy-going friendly environment

“Joining a support group after my diagnosis has been invaluable. I’ve learned from others which has really helped me develop a more positive outlook.”

– Matt D

Be proactive about prostate cancer. Talk to your doctor about PSA Testing, and call PCFA for information and a [free info kit](#).

1800 22 00 99

**WALK  
FOR  
HIM**

Take strides to save lives this  
Men’s Health Week 15 – 21 June

[walkforhim.org.au](http://walkforhim.org.au)

