

**PROSTATE** LET'S TALK  
**CANCER** ABOUT  
**AWARENESS** SAVING LIVES



## Do you know your family history of prostate cancer?

You could be at risk of Australia's most common cancer in men.

### The facts



If your father or brother have ever been diagnosed with prostate cancer, your risk of prostate cancer doubles.



If two or more close male relatives have been diagnosed, your risk increases five-fold.



If you have a family history of breast or ovarian cancer, and/or BRCA1 or 2 genes, your risk is also greater.



### Other risk factors

- Your risk of prostate cancer increases as you get older.
- Prostate cancer is unique among cancers – we have not yet found a way of preventing it, and we do not know what causes it.
- Scientists have not yet found any strong links between diet and lifestyle and prostate cancer.



Be proactive about prostate cancer. Talk to your doctor about PSA Testing, and call PCFA for information and a **free info kit.**



**Call 1800 22 00 99**



**Prostate Cancer  
Foundation of Australia**

Take 49,000 steps during Men's Health Week, June 13 – 19 in solidarity with men who have prostate cancer. **Join Now.**



**walkforhim.org.au**

